

# **Infant Center Breakfast and Lunch Menu for Birth through 11 Months**

**2025-2026**

| <b>BIRTH THROUGH 5 MONTHS</b>                              |   |   |   |   |   |
|--|---|---|---|---|---|
|  | <b>MONDAY</b>   | <b>TUESDAY</b>  | <b>WEDNESDAY</b>  | <b>THURSDAY</b>   | <b>FRIDAY</b>   |
| <b>BREAST-MILK<br/>OR<br/>FORMULA</b>                      | 4 - 6 Fluid oz.<br>Breastmilk<br><b>OR</b><br>4 - 6 Fluid oz.<br>Formula <sup>1</sup><br>(CMS #1567,<br>RB8100, RB8101,<br>RB8102)  | 4 - 6 Fluid oz.<br>Breastmilk<br><b>OR</b><br>4 - 6 Fluid oz.<br>Formula <sup>1</sup><br>(CMS #1567,<br>RB8100, RB8101,<br>RB8102)  | 4 - 6 Fluid oz.<br>Breastmilk<br><b>OR</b><br>4 - 6 Fluid oz.<br>Formula <sup>1</sup><br>(CMS #1567,<br>RB8100, RB8101,<br>RB8102)  | 4 - 6 Fluid oz.<br>Breastmilk<br><b>OR</b><br>4 - 6 Fluid oz.<br>Formula <sup>1</sup><br>(CMS #1567,<br>RB8100, RB8101,<br>RB8102)  | 4 - 6 Fluid oz.<br>Breastmilk<br><b>OR</b><br>4 - 6 Fluid oz.<br>Formula <sup>1</sup><br>(CMS #1567,<br>RB8100, RB8101,<br>RB8102)  |
| <b>6 MONTHS THROUGH 11 MONTHS</b>                          |   |   |   |   |   |
|  | <b>MONDAY</b>   | <b>TUESDAY</b>  | <b>WEDNESDAY</b>  | <b>THURSDAY</b>   | <b>FRIDAY</b>   |
| <b>BREAST-MILK<br/>OR<br/>FORMULA</b>                      | 6 - 8 Fluid oz.<br>Breastmilk<br><b>OR</b><br>6 - 8 Fluid oz.<br>Formula <sup>1</sup><br>(CMS #1567,<br>RB8100, RB8101,<br>RB8102)  | 6 - 8 Fluid oz.<br>Breastmilk<br><b>OR</b><br>6 - 8 Fluid oz.<br>Formula <sup>1</sup><br>(CMS #1567,<br>RB8100, RB8101,<br>RB8102)  | 6 - 8 Fluid oz.<br>Breastmilk<br><b>OR</b><br>6 - 8 Fluid oz.<br>Formula <sup>1</sup><br>(CMS #1567,<br>RB8100, RB8101,<br>RB8102)  | 6 - 8 Fluid oz.<br>Breastmilk<br><b>OR</b><br>6 - 8 Fluid oz.<br>Formula <sup>1</sup><br>(CMS #1567,<br>RB8100, RB8101,<br>RB8102)  | 6 - 8 Fluid oz.<br>Breastmilk<br><b>OR</b><br>6 - 8 Fluid oz.<br>Formula <sup>1</sup><br>(CMS #1567,<br>RB8100, RB8101,<br>RB8102)  |
| <b>GRAIN<br/>and/or<br/>MEAT<br/>OR<br/>MEAT<br/>ALT.*</b> | 0-4 Tbsp.<br>Infant Oatmeal<br>Cereal<br>CMS #1065, RB2622<br><b>OR</b><br>0-4 Tbsp.<br>Beef<br>CMS #1559, RB1008<br><b>OR</b><br>0-4 Tbsp.<br>Chicken<br>CMS #1556, RB1007<br><b>OR</b><br>0-2 oz. Cheese<br>(CMS #2525,<br>R1129, R1158)<br><b>OR</b><br>0-4 oz. or ½ c.<br>Yogurt <sup>2</sup><br><b>OR</b><br>a combination of<br>the above | 0-4 Tbsp.<br>Infant Oatmeal<br>Cereal<br>CMS #1065, RB2622<br><b>OR</b><br>0-4 Tbsp.<br>Beef<br>CMS #1559, RB1008<br><b>OR</b><br>0-4 Tbsp.<br>Chicken<br>CMS #1556, RB1007<br><b>OR</b><br>0-2 oz. Cheese<br>(CMS #2525,<br>R1129, R1158)<br><b>OR</b><br>0-4 oz. or ½ c.<br>Yogurt <sup>2</sup><br><b>OR</b><br>a combination of<br>the above | 0-4 Tbsp.<br>Infant Oatmeal<br>Cereal<br>CMS #1065, RB2622<br><b>OR</b><br>0-4 Tbsp.<br>Beef<br>CMS #1559, RB1008<br><b>OR</b><br>0-4 Tbsp.<br>Chicken<br>CMS #1556, RB1007<br><b>OR</b><br>0-2 oz. Cheese<br>(CMS #2525,<br>R1129, R1158)<br><b>OR</b><br>0-4 oz. or ½ c.<br>Yogurt <sup>2</sup><br><b>OR</b><br>a combination of<br>the above | 0-4 Tbsp.<br>Infant Oatmeal<br>Cereal<br>CMS #1065, RB2622<br><b>OR</b><br>0-4 Tbsp.<br>Beef<br>CMS #1559, RB1008<br><b>OR</b><br>0-4 Tbsp.<br>Chicken<br>CMS #1556, RB1007<br><b>OR</b><br>0-2 oz. Cheese<br>(CMS #2525,<br>R1129, R1158)<br><b>OR</b><br>0-4 oz. or ½ c.<br>Yogurt <sup>2</sup><br><b>OR</b><br>a combination of<br>the above | 0-4 Tbsp.<br>Infant Oatmeal<br>Cereal<br>CMS #1065, RB2622<br><b>OR</b><br>0-4 Tbsp.<br>Beef<br>CMS #1559, RB1008<br><b>OR</b><br>0-4 Tbsp.<br>Chicken<br>CMS #1556, RB1007<br><b>OR</b><br>0-2 oz. Cheese<br>(CMS #2525,<br>R1129, R1158)<br><b>OR</b><br>0-4 oz. or ½ c.<br>Yogurt <sup>2</sup><br><b>OR</b><br>a combination of<br>the above |

|                        |                                       |                                       |                                       |                                       |                                       |
|------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| <b>FRUIT/<br/>VEG*</b> | 0-2 Tbsp.<br>Vegetable <sup>3</sup>   | 0-2 Tbsp.<br>Vegetable <sup>3</sup>   | 0-2 Tbsp.<br>Vegetable <sup>3</sup>   | 0-2 Tbsp.<br>Vegetable <sup>3</sup>   | 0-2 Tbsp.<br>Vegetable <sup>3</sup>   |
|                        | <b>OR</b>                             | <b>OR</b>                             | <b>OR</b>                             | <b>OR</b>                             | <b>OR</b>                             |
|                        | 0 – 2 Tbsp. Fruit <sup>4</sup>        | 0 – 2 Tbsp. Fruit <sup>4</sup>        | 0 – 2 Tbsp. Fruit <sup>4</sup>        | 0 – 2 Tbsp. Fruit <sup>4</sup>        | 0 – 2 Tbsp. Fruit <sup>4</sup>        |
|                        | <b>OR</b><br>a combination of<br>both | <b>OR</b><br>a combination of<br>both | <b>OR</b><br>a combination of<br>both | <b>OR</b><br>a combination of<br>both | <b>OR</b><br>a combination of<br>both |

<sup>1</sup>**Formula:** Formula may be brought from home. If a different formula other than CMS #1567/RB8100/RB8101/RB8102 is to be provided by the school site due to a medical condition, a special diet form must be submitted to [SpecialDiet@lausd.net](mailto:SpecialDiet@lausd.net). Special Formulas can be ordered by emailing your Nutrition Specialist.

<sup>2</sup>**Yogurt Choices-** Mango Yogurt (CMS #7155-DW, R1678-DW, CMS #9160-CB, R1679-CB) or Peach Yogurt (CMS #7156-DW, R1680-DW, CMS #9159, R1681-CB)

<sup>3</sup>**Vegetable Choices-** Carrots (CMS #1112, RB1000), Green Beans (CMS #1113, RB1001), Peas (CMS #1245, RB1003), Sweet Potatoes (CMS #1238, RB1002).

<sup>4</sup>**Fruit Choices-** Bananas (CMS #1231, RB1006), Peaches (CMS #1226, RB1004), Pears (CMS #1468, RB1005).

**\*A serving of this component is required when the infant is developmentally ready to accept it.**

#### **ALL MENUS SUBJECT TO CHANGE**

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